



Brisbane Jets

Handbook

2022-2023 Swim Season

Brisbane Jets Swimming Club Inc.
PO Box 169, Coorparoo QLD 4151
Langlands Park Memorial Pool
5 Panitya Street, Stones Corner QLD 4152
admin@brisbanejets.org.au
www.brisbanejets.org.au
ABN 73 662 268 567

Brisbane Jets Swimming Club is proudly sponsored by:



PLANTATION RESORT
AT RAINBOW

**IGUANA
SIGNS**
& GRAPHICS

D=NDY
C I N E M A S

Contents

About Brisbane Jets	6
History	6
Location.....	6
Squads	6
Parking	6
Member communication	7
Coaching staff	7
Facilities	7
Uniform.....	7
Privacy policy	8
Safety	8
Committee	9
Committee meetings	9
Club night positions	9
Fundraising.....	9
Sponsorship	9
Code of behaviour	10
Safe Sport Framework	11
Club constitution.....	11
By-laws.....	11
Special by-laws	12
Financial assistance	12
Photography policy	12
Annual General Meeting.....	13
About club nights	14
Club night details.....	14
Membership.....	14
Nominations	15
Club night program.....	15
Volunteers	16
Marshalling	16
Wet weather	16
Club night results.....	17
Photography.....	17
Supporting your child.....	17
Club night rules and procedures	17
Deadlines	18
Dress code	18
Event rules	18
Qualification times	18
Points championship	19
Points table.....	19
Club championships.....	20
Age and eligibility	Error! Bookmark not defined.
Protest.....	21

Presentation afternoon.....	22
Awards	22
Club night trophies	22
Other awards presented	23
 About competitions	 23
Competition calendar	24
Nominations	25
Club uniform.....	25
Preparing for a swim meet	25
What to expect	25
What to take	26
On arrival.....	26
Team manager.....	26
Absence or running late	27
Volunteers	27
Cheer!.....	27
Code of behaviour	27
Questions	27
Useful websites	27

Welcome to Brisbane Jets Swimming Club

Welcome to the 2022/23 season for all new and returning members of Brisbane Jets.

Each swimming season starts with new targets and aspirations for not only every swimmer and parent but also for the Club, the coaches and the committee. Together we nurture our swimmers by providing a friendly, fun and non-threatening environment to progress through the various levels of capability in swimming.

Brisbane Jets Swimming Club will compete in the prestigious Premier Division of the Brisbane Swimming Association for the 2022/23 season, as one of the ten most successful Clubs in the Brisbane region. Brisbane Jets finished third in the Brisbane Swimming Junior Premiership in the 2021/2022 season.

Our swimmers compete at local, state and national level. However, there is no doubt that the heart of Brisbane Jets centres around our juniors and club nights. This is where our swimmers have loads of fun and meet new friends while developing the love of swimming in a supportive team environment. We love watching our younger swimmers progress and gain confidence throughout the season.

The Brisbane Jets committee enjoy supporting our swimmers and are available to help you navigate the world of swimming.

Any queries about club related matters can be sent to the relevant committee member via email as the preferred method of contact. Committee members are often poolside and are also happy to answer general questions in person.

The Brisbane Jets complaints process follows the [Member Protection Policy](#) set down by Swimming Australia. Address any issues or complaints in writing to the Brisbane Jets Secretary and include your contact information and signature.

For more information about the Brisbane Jets Swimming Club, visit our [TeamApp](#) or [website](#).

About Brisbane Jets

History

Brisbane Jets Swimming Club was formed in 1998 by Jan and Tony Arndt. Previous names for the Club include “Carina Jets” and “Villa Jets” based on previous locations for the Club before settling on our current name in 2000-01. The Club is incorporated as a not-for-profit organisation.

Our club night home is Langlands Park Memorial Pool. Club nights are conducted on Friday evenings, with the season running from October through to the following March (Terms 4 and 1), concluding with the Club Championships, presentation afternoon and AGM soon after.

The Club competes at other invitational carnivals, both as a Club and in support of individual swimmers. Brisbane Jets is affiliated with the Brisbane Swimming Association (BSA), our regional association, and Swimming Queensland, our state association. This allows our swimmers to compete at all regional, state and national competitions.

Unlike some clubs, Brisbane Jets is run by members for members. All our committee members are volunteers who juggle work, family and personal commitments alongside running our Club. Our committee keeps the club operating and joining the committee is a great way to learn more about swimming and Brisbane Jets.

All members are encouraged to contribute their time, expertise and knowledge to the effective running of the Club. Without our many volunteers throughout the year, the Club could not function.

The Club’s objectives are to foster water safety, sport fitness through swimming and development of individual swimming competitiveness of its members.

Location

Our club night and training home are the pools and associated facilities at Langlands Park Memorial Pool located at 5 Panitya Street, Stones Corner (off Main Avenue). Brisbane Jets is an integral part of the operation of the pool by Tony and Jan Arndt.

Squads

It must be noted that Brisbane Jets do not run learn to swim classes or squad training sessions at Langlands Park Memorial Pool. These are run by Storytime Swim Centres. While Brisbane Jets work closely with Jan and the team at Storytime, questions or matters relating to squad training and learn to swim services need to be directed to Storytime.

Parking

Street parking is available on either side of Panitya Street, with overflow parking at Easts Leagues Club. A car park at the rear of the pool is also available. Ensure not to park across driveways or park others in.

Member communication

Official club communication is sent to members via email. Parent membership is used to collate the distribute list, so it is important all families have one parent signed up as a member in Swim Central.

We also use TeamApp to distribute information about upcoming swim meets and news throughout the year. Ensure you are a member of Brisbane Jets on TeamApp so you get the latest information.

Coaching staff

Coaches are employed by Storytime Swim Centres to develop and facilitate squad training. They are not employed by Brisbane Jets. Coaches attend meets on their own personal time, for which Brisbane Jets provides a small gratuity.

Felipe Barraza is Head Coach, Kerry Holland is Junior Coach and Nick Foley is Assistant Coach. Selena Danieli is Junior Development Coach. Storytime Swim Centres are hoping to welcome new Head Coach, Roger Karfunkelstein, during the 2022-23 season.

We encourage members to organise their training at Langlands pool. Langlands has a comprehensive program committed to our swimmers' development. Depending on the squad, training is held Mondays through to Saturdays, both mornings and afternoons. Learn to swim classes run throughout the year. Contact Storytime Swim Centre on (07) 3397 7436 or head to www.langlandspool.com.au for more information.

Facilities

There are dedicated lanes in the 50m and 25m heated swimming pools for all squads. Our senior swimmers use the club gym equipment as part of their training. The gym is also used for running club night and meets at Langlands.

Uniform

Swimmers (and family members) are encouraged to support the Club by wearing Brisbane Jets uniform items. It is mandatory for swimmers to wear a Brisbane Jets swim cap when attending swim meets.

Uniform items can be purchased at any time through our [online uniform shop](http://onlineuniformshop.com.au) and collected at the pool at any club night or by appointment (email uniform@brisbanejets.org.au to arrange).

To view or order items, visit our uniform shop at <https://brisbane-jets.square.site/>.



Brisbane Jets Swim Cap
\$18.00

[Shop Now](#)



Brisbane Jets Polo Shirt
\$40.00

[Shop Now](#)



Brisbane Jets Jacket
\$90.00

[Shop Now](#)



Brisbane Jets Trackpants
\$60.00

[Shop Now](#)



Brisbane Jets Shorts
\$30.00

[Shop Now](#)



Brisbane Jets Performance Race Swim
Cap
\$27.00

[Shop Now](#)



Brisbane Jets Cap
\$20.00



Brisbane Jets Bucket Hat
\$20.00

Privacy policy

The information that you give to the Club will only be used for the effective operation of Brisbane Jets Swimming Club. Your information may be passed on to our regional, state and national swimming bodies when requested.

The Club also operates in accordance with a *Photograph Policy*, which is contained in this handbook and available on our website.

Safety

To avoid accidents, no running around the pools at any time.

Your registration with Swimming Queensland provides insurance for injury at any organised swimming event including training. Volunteers at any organised event are also covered.

Advise a member of the committee in the event of an accident at a Brisbane Jets event. Incidents at squad training should be reported to Storytime Swim Centres.

There is a first aid kit in the gym and at the office. If an evacuation is required, the assembly point is on the footpath immediately in front of the Langlands Pool entrance.

Committee

The Brisbane Jets Committee is staffed by volunteers who give of their time to ensure the smooth operation of the Club for the benefit of all swimmers. The Committee is also the official interface between the Club and Langlands Pool, whose facilities we use.

The committee members for the 2022-23 season are:

President	Louise Willshire	president@brisbanejets.org.au
Vice President	Vanessa Douglas	vice.president@brisbanejets.org.au
Secretary	Cyrilla Eastwood	admin@brisbanejets.org.au
Treasurer	Jeff Hassan	treasurer@brisbanejets.org.au
Junior Development Coordinator	Selena Danieli	juniordevelopment@brisbanejets.org.au
Club Nights	Nicole Schafer	clubnight@brisbanejets.org.au
Uniforms	Andreika Geyl	uniforms@brisbanejets.org.au
Registrar	Cassie Kirjan	registrar@brisbanejets.org.au
General Member	Tim Larkin	tim@brisbanejets.org.au
	Jasmine Butler	Jasmine@brisbanejets.org.au
	Janine McDonald	Janine@brisbanejets.org.au

All other members can be contacted via email at admin@brisbanejets.org.au

Committee meetings

All members are welcome to attend the Club's Committee meetings. Contact the Club Secretary on the email listed above for details of the next meeting.

Club night positions

Club nights are only able to be run with the support of parent volunteers every week.

There are a number of key positions that are consistently staffed by volunteers to ensure Club nights can be held:

Club Night Race Secretary	clubnight@brisbanejets.org.au
Club Night Announcer	Louise Willshire / Cyrilla Eastwood
Marshalling Team	Kevin Austin/ Katherine Austin / Emma Mann
Starters	Tim Larkin / Brad Chandler / Paul House
BBQ Coordinators	Jeff Hassan / Vanessa Douglas

Fundraising

To help finance Brisbane Jets activities and programs, the Club conducts occasional fundraising events. Money raised is for the benefit of all club members. For our club fundraising to be successful, we require support from all club members, and any support you and your family can provide is greatly appreciated.

Contact the Vice President (Fundraising Coordinator) on the email listed above for information about fundraising events.

Sponsorship

Brisbane Jets is a not-for-profit organisation that is operated by volunteers. All funds generated by the Club enable us to host events, run club nights, purchase equipment our coaches suggest would assist swimmers, reward our swimmers efforts at the end of each

season, provide swimmers with club representative clothing for State and National events, have coaches attend meets and provide appropriate financial support where needed.

We could not do this without the generosity of our sponsors.

If you are interested in promoting your business with a Brisbane Jets sponsorship, contact the Vice President on the email listed above. We would love to hear from you!

Code of behaviour

Brisbane Jets has adopted the Swimming Australia Code of Conduct as our Code of behaviour. The purpose of the code is to ensure all club members have a clear understanding of expected behaviour and that breaches of these codes will result in disciplinary action.

Coaches are required to:

- Abide by Swimming Australia's code of conduct;
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion;
- Support, encourage and involve all athletes regardless of their talent level;
- Never ridicule or yell at athletes for errors or poor performance;
- Always consider the wellbeing and safety of participants before performance and results;
- Encourage participants to value their performances and not just results;
- Encourage and guide participants to accept responsibility for their own performance and behaviour both on and off the field;
- Maintain respectful and appropriate relationships with all participants;
- Ensure all activities are appropriate to the age, ability and experience of participants;
- Promote the positive aspects of the sport (e.g. fair play);
- Respect the official's decision and support them to carry out their role;
- Display consistently high standards of good sporting behaviour and appearance;
- Follow all guidelines laid down by the national governing body and the Club;
- Hold appropriate valid qualifications before commencing to coach;
- Never condone rule violations, unfair or unduly rough play or the use of prohibited substances;
- Never smoke or drink alcohol whilst in an official capacity;
- Never use offensive language or behaviour;
- To act as a role model at all time

Swimmers are required to:

- Abide by Swimming Australia's code of conduct;
- Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion;
- Play by the rules and respect the official's decisions;
- Display good sporting behaviour at all times;
- Never use offensive language or behaviour towards anyone or engage in sledging or bullying of any person;
- Co-operate with the coach;
- Adhere to club policies including smoke-free areas and liquor license requirements;

- Never behave in a manner that would damage the reputation of the club.

Volunteers, parents and spectators are required to:

- Abide by Swimming Australia's code of conduct;
- Act as good role models and ambassadors for the club at all times;
- Always welcome visitors, spectators, officials etc. to the club;
- Never use offensive language or behaviour;
- Treat everyone with respect regardless of their gender, ability, cultural background or religion;
- Display consistently high standards of good sporting behaviour including respecting the official's decisions;
- Adhere to the smoke-free policies of the club;
- Not to consume alcohol in any place other than where license allows;
- Adhere to and support the Club policies;
- Be trustworthy.

Safe Sport Framework

As an affiliated club, Brisbane Jets operates under Swimming Australia's Safe Sport Framework, including:

- [Safeguarding Children and Young People Policy](#) (matters or complaints concerning the safety and wellbeing of children or young people)
- [Member Protection Policy](#) (concerning matters relating to discrimination, harassment, bullying, victimisation and abuse)

Club constitution

The Club's constitution is a document displaying the rules by which the Club is managed and run. The Constitution is modelled on the standard constitution for affiliated clubs of Swimming Queensland. A copy of the Constitution is held by the Club Secretary and is also available on the Club's website.

The objectives of the Club outlined in the constitution are:

- To make provision for its members to participate in competitive swimming and at all times extend, encourage and improve the art and knowledge of swimming.
- To promote swim meets from time to time at the discretion of the Committee.
- To arrange inter-club and inter-city competitions so far as is consistent with the welfare of the Club.
- To affiliate with the controlling bodies of competitive swimming in Queensland.
- To conduct regular club races in the swimming season.
- To encourage sociability between members of the Club and the highest standard of sportsmanship in competition.
- To promote health and fitness among the members.
- To raise the necessary finances to carry out these objectives.

By-laws

By-laws can be introduced, amended or discarded at any Committee meeting. The current by-laws are contained in this handbook under the various headings for Club Nights, Club Championships and Club Code of Behaviour.

Special by-laws

A special by-law can only be introduced, amended or discarded at an Annual General Meeting, or at a special general meeting convened with the sole purpose of ratifying such special by-laws.

The special by-laws are as follows:

Colours

- The colours of the Club are Navy Blue, Orange and White.

Subscriptions

- The annual subscription shall be decided at the Annual General Meeting, on the recommendation of the committee.
- In the event of any member's subscription or other dues being four (4) weeks in arrears from his/her first swim, he or she will forfeit any points already gained.
- Any dues outstanding from a previous season must be paid up before a current application or membership will be considered.
- At least one Parent/Guardian of a swimmer must be a financial member of the Club. (Parent membership fee is the nominal amount of \$1)

A sub-committee/s shall be formed to organise Club Carnivals. This sub-committee will be responsible for carnival convening, carnival selections, placement of officials, and provision of catering/canteen supplies.

Alteration of Special By-Laws

Special by-laws may only be amended by a resolution carried out at any Annual or General Meeting.

Financial assistance

Brisbane Jets Swimming Club is registered with the Queensland Government as part of its 'Fair Play' program. The Fair Play program supports grassroots sport and recreation by providing financial assistance to eligible children and young people to assist them in joining a sport or recreation club.

Parents, carers or guardians can apply for a voucher valued up to \$150 for their child, which can be used towards sport and active recreation membership, registration or participation fees with registered activity providers. There is a limit of 1 voucher per child per calendar year.

Further information is available from the [Fair Play website](#).

Photography policy

The Club does not prohibit the photography (still & video) or the capturing of images of swimmers providing:

- Photographs or images are primarily of immediate relevance to the photographer (e.g. parent/child, club photographer)
- Photographs or images are not published on the Internet without the knowledge and consent of the parent/guardian
- All children in the photograph or image are appropriately dressed

- The photograph or image does not intentionally expose any person to ridicule or contempt and is not likely to cause distress, upset or embarrassment to a child – either now or in the future
- Photographs or images are not considered indecent
- Photographs or images are for private use only
- Photographs or images are not used for commercial purposes
- Photographs or images are associated with the primary activity of swimming and activities around the pool deck

Photography is **not permitted** in (or close to) change rooms.

Photograph or image use for coaching purpose

Coaches may utilise photographic and video images for the purposes of coaching.

Photograph or image use for club purposes

Photographic images are used in a positive way to promote the Club and the achievements of its members. Photographs and images will often be placed on the Club website and social media accounts.

Vigilance and reporting

It is the responsibility of all parents and/or guardians to be vigilant and report any concerns regarding perceived inappropriate photography or image use to the committee.

Consent

It is the responsibility of all parents and/or guardians to advise coaches or the committee if they do not want their child to be photographed or an image of their child placed on the website or social media accounts.

Annual General Meeting

The Annual General Meeting (AGM) is important to communicate to all the members the success of the Club and provides the opportunity for new members to be elected to the management Committee. All members of the Committee must retire from office, but are eligible, on nomination, for re-election.

The Annual General Meeting is a key event that allows the Club to remain affiliated and incorporated.

The following business must be conducted at each AGM.

- Confirmation of the minutes of the previous Annual General Meeting
- Receipt of the Annual Report
- Receipt of the report on the financial affairs of the Club for the last financial year
- Election of members of the Committee
- Appointment of an auditor
- Setting of membership fees for the following year

About club nights

The objective of club nights is to provide swimmers with the opportunity to experience carnival style races in a relaxed environment with a friendly and fun atmosphere. They also give swimmers the opportunity to track their times in preparation for upcoming swim meets.

Members and families are required to assist in the smooth running of the night.

For more information about Brisbane Jets Swimming Club, visit our [website](#).

Club night details

Club nights are run on Friday nights during Term 4 and Term 1 starting at 6.00pm for both the 16m events and events in the 50m pool. The season concludes with the club championships in March, followed later by the presentation afternoon.

Club nights, club championships and Brisbane Jets meets are held at Langlands Park Memorial Pool.

The pool is closed to the public for club nights on Friday evenings during the season.

Gates open for club night from 6.00pm.

All swimmers and volunteers should be on pool deck and ready to start by 6.00pm. We endeavour to start club nights as close to 6.00pm as possible, though this requires everyone involved to be ready.

What to bring

- Togs, goggles, swim cap
- A towel or two (per swimmer)
- Deck coat or something warm to put on after getting out of the pool

We operate a BBQ each club night, providing an easy dinner for the whole family.

Membership

Brisbane Jets offers two main membership types for swimmers:

- Competitive member 9+ years old
- 8 years & under member

Age for membership is taken as at the commencement of the season, being the 1 July each year.

These membership fees include registration and affiliation fees for Swimming Queensland. The small remainder is used to pay for the costs of hiring the pool for club nights, providing trophies and medals for club championships and presentation afternoon and go towards the administration overheads of the Club.

At least one parent is required to join the Club (for a \$1 membership) as the Club's insurance policy extends to cover volunteers during club events. The parent membership list is also used for distribution of all official communication from the Club.

While the commencement of the season is 1 July each year, annual membership is valid until 30 September. Members renewing for a new season need to do so before 30 September.

Nominations

All nominations need to be completed via SwimCentral prior to 5:00pm each Thursday evening. No nominations will be accepted on pool deck.

Nominations are not required for our youngest swimmers wishing to swim in the 16m events – just turn up at the 25m pool at 6.00pm ready to race.

Program

Events for all four strokes are held every club night for 16m, 25m and 50m distances.

The 16m races are held in the shallow end of the 25m pool at the start of the night for our youngest members.

Brisbane Jets are only able to use the 50m pool for the remainder of the club night, with all other pools unavailable for use. Using the 50m pool for all 25m and 50m races also means everyone can be together - parents with swimmers of different ages don't have to split themselves between separate pools, and our younger and older swimmers can support each other.

Most 25m races in the 50m pool use a rope to mark the finish line as a staff member of Langlands is required to operate the pop-up wall. The rope is also much quicker to put in place and helps club nights run on time.

Each week there is a special event - either a 100m or 200m event. Swimmers must qualify to nominate for the special events.

Club night program

We ek	Date	Special*	Event 1	Event 2	Event 3	Event 4
1	07-Oct-22	100m Freestyle	Backstroke	Freestyle	Breaststroke	Butterfly
2	14-Oct-22	100m Backstroke	Butterfly	Freestyle	Backstroke	Breaststroke
3	21-Oct-22	100m Breaststroke	Freestyle	Backstroke	Breaststroke	Butterfly
4	28-Oct-22	100m Butterfly	Backstroke	Breaststroke	Butterfly	Freestyle
5	04-Nov-22	100m & 200m IM	Breaststroke	Butterfly	Freestyle	Backstroke
6	11-Nov-22	100m Freestyle	Butterfly	Freestyle	Backstroke	Breaststroke
7	18-Nov-22	100m Backstroke	Freestyle	Backstroke	Breaststroke	Butterfly
8	25-Nov-22	100m Breaststroke	Backstroke	Breaststroke	Butterfly	Freestyle
	02-Dec-22	FUN NIGHT (Family BBQ and games night)				
9	03-Feb-23	100m Butterfly	Butterfly	Freestyle	Backstroke	Breaststroke
10	10-Feb-23	100m & 200m IM	Freestyle	Backstroke	Breaststroke	Butterfly

11	17-Feb-23	100m Freestyle	Backstroke	Breaststroke	Butterfly	Freestyle
12	24-Feb-23	100m Backstroke	Breaststroke	Butterfly	Freestyle	Backstroke
13	03-Mar-23	100m Breaststroke	Butterfly	Freestyle	Backstroke	Breaststroke
14	10-Mar-23	100m Butterfly	Freestyle	Backstroke	Breaststroke	Butterfly
15	17-Mar-23	100m & 200m IM [#]	Backstroke	Breaststroke	Butterfly	Freestyle
	TBA	Club Championships				

Events 1 to 4 are run for the 16m, 25m and 50m events. Specials are only open for those that have qualified.

Week 15 includes 100m IM and 200m IM events which will count towards club championships.

Volunteers

For club nights to run successfully, we rely on the help from all families throughout the year. Aside from the specific club night positions, there are many other roles that members are required to assist.

Volunteering not only assists in a smooth night that runs on time but is also a great way to get to know other families in our Club. We appreciate you helping to support your children and the Club through volunteering throughout the season.

A link to the virtual sign-up is emailed each week.

The other roles that volunteers are required to fill each club night include:

BBQ (set up and prep)	4 people per night
BBQ (Cooking and serving)	5 people per night
BBQ (Take home and clean)	1 person per night
BBQ (Pack away into Jets shed)	4 people per night
Timekeepers	8 people per night (1 per lane)
Moving the 25m role	2 people per night
Baking	4 people per night

Blue Cards are required for volunteers that are not parents of children involved in club nights. If you require a Blue Card, contact the Club Secretary.

Marshalling

Marshalling takes place near the grass behind the 25m pool.

Marshalling can be a challenging job. All parent/guardians and swimmers can assist by keeping track of the events during the night. Events will be announced throughout the night, letting swimmers know when to go to marshalling.

All parents can help this key aspect of the club night by making sure your swimmer is ready with cap on and goggles in hand. Let your child know that they need to be quiet in the marshalling area, listen for their name & follow directions.

Wet weather

In the event of bad weather, a club night may be cancelled.

Updates will be made on TeamApp from 5.00pm. If the committee is unsure, a final decision will be made by 5:30pm and members notified via TeamApp and Brisbane Jets social media (Facebook and Instagram).

Please do not call Langlands Pool to ask about club nights.

Races are not allowed to proceed if there is lightning within 20km of the pool. In the event of a storm after club night has commenced, swimmers will not be allowed into the pool and a decision will be made by the Committee on whether or not to continue.

Club night results

All swim times are recorded for each swimmer who is register for club night races. These are used to allocate improvement points towards the Points Championship (awarded at the end of the season at the presentation afternoon).

Results of times will be made available within one week after club night via email, unless families request in writing that the times for their child are not published.

Photography

Photographs may be taken during club nights from time to time. These may be used for the Club website and social media. Refer to our photography policy.

Supporting your child

While we encourage each swimmer to achieve their personal best, it is not possible for this to happen every time a swimmer hits the water.

Learn not to focus on the time for every swim. Club nights are held at the end of what is sometimes a long week for our younger members. Times typically vary by large amounts from week to week – towards the end of the season the improvements will come. Instead of mentioning time or where they placed, compliment your child on the way that they swam. The dive, high elbows, good stretch, strong finish are all examples of things you can focus on rather than the time.

Make some noise!

The unique thing that our club nights have is a fantastic atmosphere. We encourage you to get close to the pool and cheer on your child.

Smile!

Don't worry be happy. Your child is involved in one of the healthiest activities available to them. Just getting in, competing and enjoying swimming with others is enough to be happy about.

If you are relaxed your child will be relaxed and enjoy swimming that little bit more. Refer to the Code of behaviour section on what is expected of coaches, swimmers and parents/guardians.

Club night rules and procedures

- Club members are not permitted to enter any of the pools between the end of squad and the start of the club night competition.
- Club members are not allowed in the 25m pool once the 15m races are finished.

- Officials have the power to remove any person from the pool for offensive behaviour in any form whatsoever (see Code of behaviour).
- Parents/guardians are responsible for the safety and behaviour of their children
- The area behind the blocks is closed to through traffic. Only timekeepers, officials and swimmers about to start a race are allowed in this area.
- No member under the age of 14 shall be admitted to club night unless a parent or guardian (a responsible person over the age of 18) accompanies the swimmer.
- All members of the Club shall be under the jurisdiction of Club officials in any matter connected with the Club.

Deadlines

- Nominations for all events, except 16m races, close at 9.00pm Thursday night.
- Club races commence at 6:00pm.

Dress code

- All competitors' swimming costumes shall be non-transparent fabric and worn as to be decent.

Event rules

- All competitors are to make their way to marshalling when directed.
- Marshalling (except for 16m events) will be the grass area behind the 25m pool.
- The whistle means silence. Absolute silence must be observed during announcements and at the start of races.
- Violation of the rules regarding the styles and conditions of swimming shall render the swimmer liable to disqualification by the referee.
- All swimmers must remain in the water in the lane in which they have swum until ordered out by the referee.
- For 100m events, the start will be "dive over". That is, competitors are to remain in the water until the next race has been started.
- For 100m backstroke events, the start will be "start beside". That is, competitors are to remain in the water next to the lane rope and away from the next competitor until the next race has started.
- The Committee shall have the power to designate the races to be swum at any club night and to delete any races from the proposed program at any time.

Qualification times

The Club promotes a staged progression from 16m to 25m to 50m and onto 100m based on the swimmers ability to cope with the increased distance.

To reduce overheads in organising club nights, the Club Night Secretary doesn't check qualifying times in nominations. Parents are encouraged to self-monitor qualification times and only progress their swimmers when they are met. This helps all our swimmers feel confident in the distances they swim and help club nights run efficiently.

Swimmers under 10 years are to swim in 25m events until they achieve two swims under the following minimum qualification times:

- 23 seconds for freestyle
- 25 seconds for butterfly
- 30 seconds for backstroke

- 30 seconds for breaststroke

Swimmers 10 years or over can swim 50 metre events without first attaining the minimum qualifying times.

Swimmers 12 years and over can swim 100 metre events without first attaining qualifying times.

Before swimming in the 100 metre individual medley event, swimmers must first have achieved upgrades from 25 metres to 50 metres in at least two strokes.

Swimmers under 12 need to obtain the following 50 metre times to qualify for 100 metre events:

- 45 seconds for freestyle
- 50 seconds for butterfly
- 55 seconds for backstroke
- 60 seconds for breaststroke

Swimming any stroke at 25 metres when qualified for 50 metres is allowed. Swimmers can only swim either 25m or 50m per stroke in one club night (not including special events of 100m and over).

Points championship

Times are recorded for every swimmer and points are allocated in accordance with the points table. These points determine recipients at the presentation afternoon at the end of the season.

New swimmers: time recorded for the first swim in each stroke will become the base time.

Returning swimmers: last season's club best time will be used as the new base time for the new season. When a current season personal best time is recorded, this will become the new base time for the next season.

Points table

Points for the first swim in a new stroke	4 points
More than 2.50 sec slower than base	1 point
Between 1.51 and 2.50 sec slower than base	2 points
Between 0.51 and 1.50 sec slower than base	3 points
0.50 sec on either side of base line	4 points
Between 0.51 and 1.50 sec faster than base time	5 points
Between 1.51 and 2.50 sec faster than base time	6 points
More than 2.50 sec faster than base time	7 points

Note: A disqualified swim will not attract any points, however it will count towards Club Championship qualification.

Club championships

The club championships marks the end of the swimming year for the Club. This day is a culmination of all the training for the year. It is also the event that determines who will be the recipients of a few trophies at the presentation afternoon.

The date for club championships is set towards the end of the season to ensure there is no conflict with any other major events,

Nominations

Nominations for club championship events close a week prior to the championships. All nominations (except for the Arndt Cup event) are to be submitted via Swim Central.

Members will be notified through regular channels when nominations are open.

Age and eligibility

Age for club championship events shall be determined as the age of the swimmer on the day of championships.

To be eligible for age or club champion trophies the swimmer must have competed in at least 20* races (Excluding specials 100m races) at club night during the current season and prior to the closing date for nominations for the championships and be financial.

Absences resulting from competing at a BSA, SQ or compulsory school meet counts towards the minimum number of swims up to a maximum of 12 races. (4 per night absent).

Any financial member, who is ineligible for club championships and trophies and who considers that there are reasonable and extenuating circumstances which prevent them from completing the required number of club night swims may apply in writing to the President for special consideration. The President in consultation with the committee may waiver the requirement for a minimum number of swims where reasonable and extenuating circumstances have prevented a swimmer from completing the required number of swims.

* Number may change at committee approval if club nights are rained out.

Medals and trophies

Medals are presented on the club championships for swimmers (boys and girls) who place 1st, 2nd and 3rd in each 25m or 50m event for their age group. Medals are awarded to the first three placegetters in 100m events no matter what their age.

The following trophies are based on club championship events and presented at the presentation afternoon:

Age champions

Calculated on where swimmers place (boys and girls awarded separately) for the 25m or 50m event in the 4 strokes as outlined for the following age groups:

- 5 and under, 6, 7 & 8 year olds – 25m all strokes
- 9 year olds – 50m Freestyle, 25m Backstroke, 25m Breaststroke, 25m Butterfly
- 10, 11, 12, 13, 14, 15 year olds and over – 50m all strokes.

In the event of a tie, the 100m or 200m Individual Medley is used as the decider.

Junior & senior club champions

Calculated on all 100m events for juniors (12 years & under) and seniors (13 years & over). Boys and girls are awarded separately.

Arndt award

A 50m freestyle event for all boys and girls, 8 years and under. Trophies presented to the boys and girls who place 1st, 2nd & 3rd.

Points

Points for championship events are calculated as follows:

First place	5 points
Dead heat	4 points
Second place	3 points
Dead heat	2 points
Third place	1 point
Dead heat	1 point

Protest

The President must be notified of any protest within 30 minutes of the respective event or within 30 minutes following the presentation for the respective event. Protests must also be submitted in writing within 48 hours of the club championships.

Presentation afternoon

The presentation afternoon is held to celebrate our swimmer's achievements throughout the season. We celebrate not only participation but also results from both the points championship at club nights and the club championships. The presentation afternoon can be run in conjunction with the Annual General Meeting. Details will be announced close to the date.

Awards

The following awards are presented to swimmers on the day.

Club night trophies

Club points champion (11 trophies including a perpetual trophy for first place)

First through to tenth trophies are awarded to the swimmers with the highest number of points from all 25m and 50m events in all strokes from club nights (100m events are excluded to ensure equity for swimmers of all ages). The swimmer in first place will also be named on the perpetual trophy.

Club multiclass points champion (2 trophies)

One Junior and one Senior Club Multiclass champion trophy is awarded to the swimmers with the highest aggregate points scored in 25m and 50m club night events. One trophy is awarded to a junior swimmer (12 years & under) and one trophy is awarded to a senior (13 years & over). This event is a mixed event and recognises the multiclass swimmers who have both consistently attended club nights and shown continuous improvement against their individual times.

100m club points champion (3 trophies in total)

First, second and third place trophies are awarded to the swimmers with the highest number of points from all 100m swims in all strokes (including the medley). The swimmer in first place will also be named on the perpetual trophy.

Points stroke trophy (4 trophies in total)

A trophy is awarded to the swimmer with the highest number of points from 25m and 50m swims in each stroke. Trophies are awarded separately for each stroke.

Club championship day trophies

Age champions (Dependant on ages of swimmers)

First, second and third place trophies are awarded for the highest number of points in each age group from the 25m and 50m events club championships. Boys & girls are awarded separately. In the event of a tie, the 100 individual medley swum at the last club night of the season is used as a tie-breaker.

Junior & senior club champions (5 trophies including a perpetual trophy)

A trophy is awarded to the junior swimmer (12 & under) and also the senior swimmer (over 12) with the highest number of points in total from the 100m championship events. Boys & girls are awarded separately. In the event of a tie, the 200 individual medley swum at the last club night is used as a tie-breaker.

Arndt event trophy (7 trophies including a perpetual trophy)

First, second and third place trophies. Boys & Girls are awarded separately. The swimmer in first place will also be named on the perpetual trophy.

Participation trophies

Awarded to any swimmer with 8 & under membership who doesn't receive one of the trophies listed above, including swimmers who have participated in our 16m events, who are members of the Club.

Other awards presented

Coventry trophy (1 trophy plus a perpetual trophy)

This trophy is to remember Charlotte Coventry who drowned in a domestic pool at the age of 5. The family have donated the perpetual trophy in remembrance of their daughter and sister. The recipient of this trophy is selected by Jan Arndt and goes to a younger swimmer of the Club who shows true spirit.

President's trophy (1 trophy)

This trophy recipient is presented by the President in recognition of an individual's contribution to the Club.

About competitions

As a Brisbane Jets member, all swimmers can compete against other clubs. We endeavour to nominate for a variety of swim meets ranging from those that do not require qualification times, meets that cater for swimmers as young as 5, right up to swim meets run by Brisbane Swimming Association or Swimming Queensland.

When registering with the Club, all swimmers are registered as competitive. This entitles our swimmers to race at all meets provided they meet the qualifying times or conditions.

Senior swimmers (Silver Development & Silver squads) are expected to speak with Felipe Barraza regarding nominations. All junior swimmers (Bronze Development, Target Development and Target) are encouraged to speak to Kerry Holland for guidance with nominations.

For more information about available meets, please visit our Brisbane Jets TeamApp and/or website <https://brisbanejets.org.au/>

Brisbane Premiership

Each year, Brisbane Swimming hold several championship events to determine the [Brisbane Premiership](#) for the season. At the end of the 2021-2022 season, Brisbane Jets retained our position in the Premier Division.

Coaches expect Brisbane Jets swimmers who qualify for Brisbane Swimming Championships events to compete as part of the team earning points.

The following Championship events earn premiership points:

- Brisbane Junior Short Course Championships
- Brisbane Senior Short Course Championships
- Brisbane Open Water

- Metropolitan Relay Championships
- Brisbane Sprint Championships
- Brisbane Junior Metropolitan Championships
- Brisbane Senior Metropolitan Championships

At the end of each of the championship events, points are totalled to obtain the final placings in each division.

JX Awards

Swimming Australia recognises performances at qualifying meets.

The 2022-23 Australian JX program recognises performances from 1 May 2022 to 30 April 2023. Australian JX automatically recognises swimmers aged 9-13 years with gold, silver, bronze or blue standard, based on their best performance/s correlating to the times set by Swimming Australia. To qualify for the program, swimmers need to be a member of an Australian swimming club and achieve a qualifying time at an approved meet.

If your swimmer has a birthday within the JX season, they will be recognised with their highest standard achieved in one age bracket – not both. Only individual swims qualify.

Qualifying standards

9-10 year-olds

Gold Standard – At least 1 Tier 1 time in any of the specified events

Silver Standard – At least 1 Tier 2 time in any of the specified events

Bronze Standard – At least 1 Tier 3 time in any of the specified events

Blue Standard – At least 1 Tier 4 time in any of the specified events

9-10 year-old times will be recognised from both short course and long course events.

11-13 year-olds

Gold Standard - At least 1 Tier 1 time in two or more of the specified events

Silver Standard - At least 1 Tier 1 or Tier 2 time in one or more of the specified events
Bronze Standard - At least 1 Tier 3 time in one or more of the specified events

Blue Standard - At least 1 Tier 4 time in one or more of the specified events

11-13 year- old times will be recognised from long course events only.

Times achieved since May 1 2022 will be included in the 2022-2023 Australian Junior Excellence season.

Competition calendar

Events and championships will be scheduled through the year.

Check the events section on our Brisbane Jets TeamApp for upcoming compulsory or allocated meets, as well as a few other events swimmers may be eligible to nominate for.

Members will be notified of upcoming allocated swim meets by email, through the Brisbane Jets TeamApp and via our website. Check these sources regularly to ensure that deadlines are not missed.

Closer to allocated swim meets, members will be advised of the coach and team manager attending. Coaches may not attend non-allocated meets, so best to check in first or ensure your swimmer is confident to compete without the support of a coach.

Check out [Brisbane Swimming's calendar of events](#) and [Queensland Swimming's event calendar](#) for other meets and further information.

Nominations

To nominate for an upcoming meet, members nominate online via SwimCentral system for individual events, including online payments as determined by the host club. Remember to login using the swimmer's profile, not your parent profile, otherwise you'll need to bring your togs!

Frequently members ask what events their swimmer should nominate for. Swimmers are encouraged to nominate in all four strokes unless specifically advised otherwise. Our swimmers train to compete in all four strokes and should not sit out an event just because it is not their preferred stroke. This is particularly important for swimmers 13yrs & under who should target all strokes, as their fastest stroke is likely to change as they grow.

Club uniform

The swim cap is mandatory when swimming in an event as a Brisbane Jet. Swimmers are encouraged to wear the club uniform when representing Brisbane Jets at events or championships.

To view or order items, visit our uniform shop at <https://brisbane-jets.square.site>. Orders can be collected at the pool at any club night or by appointment (email uniform@brisbanejets.org.au to arrange).

Preparing for a swim meet

Keep up training schedules, especially prior to swim meets. Make sure swimmers eat well the night before and keep themselves hydrated. An early night is strongly advised. Swimmers should seek the coach's advice on their training schedule in the lead up to swim meets.

Warm-up commences at the venue prior to the first race and we encourage you to arrive in time to prepare. Coaches generally recommend being at the venue between 90 and 60 minutes before your first swim to enable sufficient warm up time. On most occasions one of the coaches will be poolside to guide our members when warming-up.

Swimmers should talk to their coach before and after each race for advice and feedback on their performance.

What to expect

Be prepared for a long day at the pool!

Information is provided by the host club/organisation and this is usually linked into our TeamApp calendar of events. This information usually covers all aspects of the meet from entry fees and onsite food options through to start times and eligibility.

Club nights are a great way to prepare swimmers for inter-club swim meets and bigger championship events. Although these swim meets may not be as relaxed as our club nights, the basic procedures are the same.

What to take

It's always advisable to bring an extra pair of goggles and togs, 2 towels per swimmer and a Brisbane Jets' swim cap to all swim meets. Bring plenty of water and healthy snacks for your swimmer. You may need some cash for any entry fee and there will most likely be food for sale at the venue. If the venue is outdoors, take sunscreen, hats, sunglasses and maybe a fold up chair in case seating is limited. Always pack a deck coat or something warm for your swimmer to put on after racing.

Remember that you may be sitting at the swim meet all day. Some people bring along a seat cushion for comfort. Don't forget to bring along something to keep yourself, siblings and most importantly the swimmer, occupied when they are not swimming.

On arrival

When you arrive, make your way to the area where Brisbane Jets members are seated. If you are the first to arrive, please find a spot and reserve a group of seats for other members. As a group, you are encouraged to show your support for all our club swimmers competing.

All swimmers must notify the coach and the team manager when they arrive and before they leave. Also advise them if it is your child's first swim meet so they can provide extra support. A buddy can also be arranged to take care of your swimmer when moving to the marshalling area.

Take the time to ensure that your swimmer knows which events they will be swimming in and where the marshalling area is. Also take note of where the event board is - this will let your child know when to marshal for their event.

Most swim meets now use self-marshalling. Swimmers are expected to be in marshalling:

- 3 heats prior for 50m, 100m and 200m events,
- 2 heats prior for 400m* events, and
- 1 heat prior for 800m* and 1500m* events.

*Events of 400m and over require swimmers (or their Coach / Team Manager) to confirm their intention to swim. This must be completed at the Help Desk, a minimum of one hour prior to the published start time of the relevant event. Failure to confirm their intention to swim will be taken as a withdrawal. Confirmed swimmers must then follow the self-marshalling procedures.

Team manager

As a club, we aim to support all our swimmers. As a united group, we can help to build the team spirit. To assist in creating the right atmosphere for our swimmers, we will often

nominate a team manager (normally a Committee Member). This team manager will normally arrive when the swim meet commences and will be available to answer any questions.

Absence or running late

All swimmers who have nominated for events are expected to arrive approximately 60 to 90 minutes before their first event to get settled and warm up.

If for any reason you are running late or will be absent, contact your coach or the team manager. You can let others know via TeamApp if you don't have contact details,

It is especially important to advise if you are running late or will be absent for relay events, as this will impact the whole team.

Volunteers

Clubs are required to provide volunteers for timekeeping at swim meets.

To assist with the coordination of timekeeping roles at these events, a sign up will be circulated in the days leading up to the meet. Depending on the number of swimmers attending and the number of spots Brisbane Jets have been allocated to fill, it should be expected that each attending family contributes at least one (1) hour during a meet. Make sure you sign up early to secure the time you want.

If all timekeeping spots are not filled, the team manager may ask parents of swimmers there to help with time keeping. Timekeeping is easy (top tip – Chandler is the easiest with just one big button to push!) and there are always others willing show you the ropes. Timekeeping is generally the best seat in the house!

Cheer!

Although you may not know the swimmers personally, we encourage all families to support our swimmers. Cheer and some noise! It makes a big difference to the swimmers and to the Club.

Code of behaviour

All swimmers are expected to abide by our Code of behaviour rules when representing the Brisbane Jets at all swim meets. Refer to the Code of behaviour section.

Questions

If you have any questions regarding swim meets or anything else about the Club, email admin@brisbanejets.org.au

Useful websites

Brisbane Swimming	https://swimmingbrisbane.org.au
Swimming Queensland	www.qld.swimming.org.au
Swimming Australia	www.swimming.org.au
Swim Central	https://swimcentral.swimming.org.au
Swim Central help	https://qld.swimming.org.au/swim-central-resources-0
Junior Excellence program	https://www.swimming.org.au/get-involved/programs/jx
Brisbane Jets TeamApp	https://www.teamapp.com/clubs/495702?_webpage=v1
Brisbane Jets website	http://brisbanejets.org.au/

